

Menu Collections - Menu Analysis Report

Report Run: Dec 18, 2020

Date(s) Included: January 4, 2021 - January 8, 2021

Cost Analysis By: Sum All, Nutrient Analysis By: Sum All

Menu Collection Included: 9383 SY20/21 CLASSROOM BREAKFAST - REOPENING ELEMENTARY

List: All Items

New Menu - Main Entrees

Monday - 01/04/2021

Menu Item Name	Portion Size	Weight (g)	CHO (g)
*2 APL CK12 Muffin, Chocolate C	1 each	56.7	33
2 APL CK12 Cheese, Mozzarella	1 each	28.3	0.8
Main Entrees Totals			33.8

New Menu - Fruit & Vegetable Bar

Monday - 01/04/2021

Menu Item Name	Portion Size	Weight (g)	CHO (g)
1 MM CK12 Fruit, Assorted, Fres	1 each	147.2	23.8
1 MM CK12 Fruit, Assorted, Fres	1 each	147.2	23.8
Fruit & Vegetable Bar Totals			47.6

New Menu - Milk & Condiments

Monday - 01/04/2021

Menu Item Name	Portion Size	Weight (g)	CHO (g)
3 CK12 Milk, Chocolate, Low Fat	1 each	226.8	24
3 CK12 Milk, White, 1% Low Fat	1 each	226.8	11
Milk & Condiments Totals			35
Daily Totals for 01/04/2021			116.4
USDA K12, Breakfast, 5-13 y			-
% USDA K12, Breakfast, 5-13 y			-

* indicates main item

(+) Indicates partial nutritional values. (-) Indicates no nutritional value available.

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New Menu - Main Entrees

Tuesday - 01/05/2021

Menu Item Name	Portion Size	Weight (g)	CHO (g)
*2 APL CK12 Mini Cinnis, IW, W	1 each	64.9	40
Main Entrees Totals			40

New Menu - Fruit & Vegetable Bar

Tuesday - 01/05/2021

Menu Item Name	Portion Size	Weight (g)	CHO (g)
2 APL CK12 Juice, Apple, 100%	1 each	170.1	20
1 MM CK12 Fruit, Assorted, Fres	1 each	147.2	23.8
Fruit & Vegetable Bar Totals			43.8

New Menu - Milk & Condiments

Tuesday - 01/05/2021

Menu Item Name	Portion Size	Weight (g)	CHO (g)
3 CK12 Milk, Chocolate, Low Fat	1 each	226.8	24
3 CK12 Milk, White, 1% Low Fat	1 each	226.8	11
Milk & Condiments Totals			35
Daily Totals for 01/05/2021			118.7
USDA K12, Breakfast, 5-13 y			-
% USDA K12, Breakfast, 5-13 y			-

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New Menu - Main Entrees

Wednesday - 01/06/2021

Menu Item Name	Portion Size	Weight (g)	CHO (g)
*2 APL CK12 Pancakes, Mini, Bl	1 serving(s)	85.9	35
Main Entrees Totals			35

New Menu - Fruit & Vegetable Bar

Wednesday - 01/06/2021

Menu Item Name	Portion Size	Weight (g)	CHO (g)
1 MM CK12 Fruit, Assorted, Fres	1 each	147.2	23.8
1 MM CK12 Fruit, Assorted, Fres	1 each	147.2	23.8
Fruit & Vegetable Bar Totals			47.6

New Menu - Milk & Condiments

Wednesday - 01/06/2021

Menu Item Name	Portion Size	Weight (g)	CHO (g)
3 CK12 Milk, Chocolate, Low Fat	1 each	226.8	24
3 CK12 Milk, White, 1% Low Fat	1 each	226.8	11
Milk & Condiments Totals			35
Daily Totals for 01/06/2021			117.5
USDA K12, Breakfast, 5-13 y			-
% USDA K12, Breakfast, 5-13 y			-

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New Menu - Main Entrees

Thursday - 01/07/2021

Menu Item Name	Portion Size	Weight (g)	CHO (g)
*2 APL CK12 Frudel, Apple, IW,	1 each	64.9	36
*2 APL CK12 Bagel, Plain, WG,	1 each	65.2	35
2 APL CK12 Cream Cheese, Lig	1 each	28.3	1.9
Main Entrees Totals			72.9

New Menu - Fruit & Vegetable Bar

Thursday - 01/07/2021

Menu Item Name	Portion Size	Weight (g)	CHO (g)
2 APL CK12 Juice, Orange, 100%	1 each	113.4	12
1 MM CK12 Fruit, Assorted, Fres	1 each	147.2	23.8
Fruit & Vegetable Bar Totals			35.8

New Menu - Milk & Condiments

Thursday - 01/07/2021

Menu Item Name	Portion Size	Weight (g)	CHO (g)
3 CK12 Milk, Chocolate, Low Fat	1 each	226.8	24
3 CK12 Milk, White, 1% Low Fat	1 each	226.8	11
Milk & Condiments Totals			35
Daily Totals for 01/07/2021			143.7
USDA K12, Breakfast, 5-13 y			-
% USDA K12, Breakfast, 5-13 y			-

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New Menu - Main Entrees

Friday - 01/08/2021

Menu Item Name	Portion Size	Weight (g)	CHO (g)
*2 APL CK12 Pop-Tart, Strawberry	1 each	49.9	37.9
2 APL CK12 Cheese, Mozzarella	1 each	28.3	0.8
Main Entrees Totals			38.7

New Menu - Fruit & Vegetable Bar

Friday - 01/08/2021

Menu Item Name	Portion Size	Weight (g)	CHO (g)
1 MM CK12 Fruit, Assorted, Fresh	1 each	147.2	23.8
1 MM CK12 Fruit, Assorted, Fresh	1 each	147.2	23.8
Fruit & Vegetable Bar Totals			47.6

New Menu - Milk & Condiments

Friday - 01/08/2021

Menu Item Name	Portion Size	Weight (g)	CHO (g)
3 CK12 Milk, Chocolate, Low Fat	1 each	226.8	24
3 CK12 Milk, White, 1% Low Fat	1 each	226.8	11
Milk & Condiments Totals			35
Daily Totals for 01/08/2021			121.3
USDA K12, Breakfast, 5-13 y			-
% USDA K12, Breakfast, 5-13 y			-
Daily Average for Week (1/4/2021 - 1/8/2021)			123.5
% Average for Week (1/4/2021 - 1/8/2021)			-
Daily Average for Dates: 01/04/2021 - 01/08/2021			123.5
% for Dates: 01/04/2021 - 01/08/2021			-

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